

# NORTH RIM

Full services May 15 to October 15; located 1.7 miles (2.7 km) from trailhead.

## KAIBAB PLATEAU

### Hiking into Grand Canyon—how far should you go?

- Have fun
- Be careful
- Seek advice

Use the charts below to plan a safe hike below the canyon rims. Remember that every exhilarating step you take downhill means twice as much work to hike back up. Day-hiking from the rims to the "red zone" destinations shown in the charts below is for experienced hikers only. Hiking to the river and back in one day is

not recommended due to long distance, extreme temperature changes, and an approximately 5,000-foot (1,500-meter) elevation change each way. If you think you have the fitness and expertise to attempt this extremely strenuous hike, please seek advice from a park ranger at the Backcountry Information Center.

**North Kaibab Trail:** Trailhead elevation 8240 ft (2511 m)  
Good shade and cover from wind and lightning; seasonal water.

Destination	Elevation change from top	Distance one-way	Time round-trip
Coconino Overlook	790 ft 240m	0.7 mi 1.1 km	1–2 hours
Supai Tunnel	1400 ft 425m	2.0 mi 3.2 km	2–4 hours
Redwall Bridge	2200 ft 670m	2.6 mi 4.2 km	4–6 hours
Roaring Springs Day Use Area	3280 ft 1000m	4.7 mi 7.6 km	6–9 hours
Manzanita Rest Area	3840 ft 1170m	5.1 mi 8.2 km	7–10 hours
Cottonwood Campground	4200 ft 1280m	6.5 mi 10.5 km	2 days
Ribbon Falls	4480 ft 1365m	7.9 mi 12.7 km	2 days
Phantom Ranch Ranger Station	5740 ft 1750m	13.6 mi 21.9 km	3–4 days
Bright Angel Campground	5740 ft 1750m	13.7 mi 22.0 km	3–4 days

**South Kaibab Trail:** Trailhead elevation 7200 ft (2195 m)  
Follows an exposed ridgeline with no shade; no water.

Destination	Elevation change from top	Distance one-way	Time round-trip
Ooh Aah Point	790 ft 230m	0.9 mi 1.4 km	1–2 hours
Cedar Ridge	1120 ft 340m	1.5 mi 2.4 km	2–4 hours
Skeleton Point	2040 ft 620m	3.0 mi 4.8 km	4–6 hours
The Tipoff	3280 ft 1100m	4.5 mi 7.2 km	6–9 hours
North Kaibab Trail junction	4700 ft 1430m	6.8 mi 10.9 km	2 days
Bright Angel Campground	4700 ft 1430m	7.0 mi 11.3 km	2 days

**Bright Angel Trail:** Trailhead elevation 6840 ft (2085 m)  
Some shade and cover from wind and lightning; seasonal and year-round water.

Destination	Elevation change from top	Distance one-way	Time round-trip
Lower Tunnel	590 ft 180m	1.0 mi 1.6 km	1–2 hours
1½-Mile Resthouse	1120 ft 340m	1.5 mi 2.4 km	2–4 hours
3-Mile Resthouse	2120 ft 645m	3.0 mi 4.8 km	4–6 hours
Indian Garden Campground	3040 ft 925m	4.5 mi 7.2 km	6–9 hours
Plateau Point	3080 ft 940m	6.1 mi 9.8 km	9–12 hours
River Resthouse	4340 ft 1320m	7.8 mi 12.6 km	12+ hours
North Kaibab Trail junction	4340 ft 1320m	9.3 mi 15.0 km	2 days
Bright Angel Campground	4340 ft 1320m	9.5 mi 15.3 km	2 days

### Upper Bright Angel Trail



## SOUTH RIM

Services available year-round.

## COCONINO PLATEAU

### Phantom Ranch



- Drinking Water: Year-Round Always carry backup water purification
- Drinking Water: Seasonal; check availability
- Emergency phone
- First aid
- Food service
- Ranger Station: Year-round
- Ranger Station: Seasonal availability
- Toilet
- Campground (Camp in designated sites only; permit required)

